

# ENDOMETRIOSIS SURGERY

Patient Brochure

RA-1502202NM

### References

1. Endometriosis [Internet]. Healthdirect.gov.au. 2021 [cited 27 January 2022]. Available from: <https://www.healthdirect.gov.au/endometriosis>

### Surgical Risks

Risks associated with endometriosis resection surgery include injury to the bowel, bladder (organ that holds urine) or ureters (the ureters drain urine from the kidney into the bladder).

### Important Safety Information

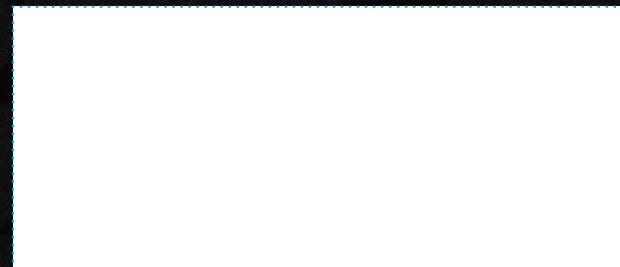
Patients should talk to their doctors to decide if da Vinci Surgery is right for them. Patients should review all available information on non-surgical and surgical options and associated risks in order to make an informed decision. Serious complications may occur in any surgery, including da Vinci Surgery, up to and including death. Serious risks include, but are not limited to, injury to tissues and organs and conversion to other surgical techniques, which could result in a longer operative time and/or increased complications. Individuals' outcomes may depend on a number of factors, including but not limited to patient characteristics, disease characteristics and surgeon experience.

For more information and support, visit <http://www.endometriosisaustralia.org>

### Disclaimer

This brochure is only provided to patients already selected for da Vinci robotic-assisted surgery. The healthcare professionals portrayed in this brochure are paid actors.

**Get back to what matters most.**



## When it's time to explore treatment options

Although one in nine women in Australia develop endometriosis, the cause of the condition is unknown.<sup>1</sup> Many women with endometriosis have no symptoms. For those who do, common symptoms include chronic pelvic pain, especially around menstrual periods; heavy menstrual bleeding; pain during or after sex; and fertility issues. It's estimated that 1 in 3 women with endometriosis have fertility problems.<sup>1</sup> If your doctor suspects an endometriosis diagnosis and you're exploring your options, surgery to remove endometriosis (called endometriosis resection or excision) may be possible. If your gynaecologist has suggested robotic-assisted surgery with the da Vinci system, this brochure can help you understand what that means.

## What is endometriosis surgery?

Endometriosis surgery removes patches of endometrial tissue (tissue that is typically found inside the uterus) growing outside of the uterus.

The main types of endometriosis surgery include:

- Endometriosis resection (a procedure to remove endometriosis patches).
- Hysterectomy (a procedure to remove the uterus and possibly nearby organs).

If you have been diagnosed with endometriosis, you should have discussed all treatment options with your doctor including surgery.

If you are a candidate for surgery, and your surgeon has recommended robotic-assisted surgery with da Vinci, you should have also discussed other treatment options such as:

- Laparoscopic surgery
- Open surgery

## How can I prepare for robotic surgery?

Ensure you have asked your doctor and care team plenty of questions, such as:

- What medical and surgical options are available for me?
- Which is best for my situation?
- What are the differences between open, laparoscopic, and robotic-assisted surgery?
- Should I get a second opinion?
- If I decide to have surgery, what am I likely to experience afterwards?
- If I decide to have surgery, how can I prepare for it?



## What are the outcomes?

Ensure you have talked with your surgeon about the surgical outcomes they deliver with the da Vinci system, as every surgeon's experience is different.

For example, ask about:

- Length of hospital stay
- Complication types and rates
- Chance of switching to an open surgery
- Operative time

## What can I expect from robotic surgery?



### Actual incision size

During da Vinci robotic-assisted surgery, your surgeon will make a few small incisions, and use a 3D high-definition camera for a magnified view of the surgical area.



Your surgeon sits at a console next to you and operates through the incisions using a camera and tiny instruments.



The da Vinci system translates every hand movement your surgeon makes in real-time, manipulating the instruments so they can remove the endometrial tissue.