

References

1. Trusted Health Advice [Internet]. Haymarket NSW: Health Direct, 2021. Uterine Fibroids; 2021 [cited 27 January 2022]. Available from <https://www.healthdirect.gov.au/uterine-fibroids>
2. Better Health Channel [Internet]. Melbourne, VIC: Better Health Channel, 07 February 2022 [cited 27 January 2022]. Available from <https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/fibroids>

Surgical Risks

Risks associated with myomectomy (removal of fibroid tumours) include: tear or hole in uterus, split or bursting of the uterus, pre-term (early) birth, spontaneous miscarriage. Uterine tissue may contain unsuspected cancer. The cutting or morcellation of uterine or fibroid tissue during surgery may spread cancer and decrease the long-term survival of patients.

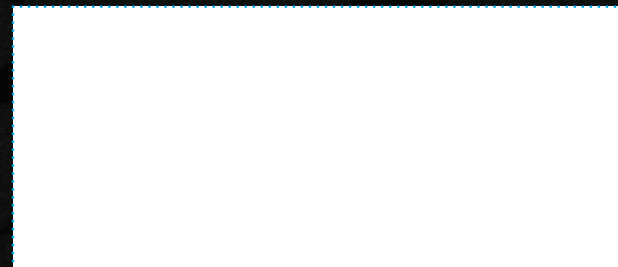
Important Safety Information

Patients should talk to their doctors to decide if da Vinci Surgery is right for them. Patients should review all available information on non-surgical and surgical options and associated risks in order to make an informed decision. Serious complications may occur in any surgery, including da Vinci Surgery, up to and including death. Serious risks include, but are not limited to, injury to tissues and organs and conversion to other surgical techniques, which could result in a longer operative time and/or increased complications. Individuals' outcomes may depend on a number of factors, including but not limited to patient characteristics, disease characteristics and surgeon experience.

Disclaimer

This brochure is only provided to patients already selected for da Vinci robotic-assisted surgery. The healthcare professionals portrayed in this brochure are paid actors.

Get back to what matters most.



Is it time to get back to living your life?

Uterine fibroids (myomas) are common benign growths made up of muscle cells that gather to form a mass or masses in or around the uterus.¹

Women with fibroids may experience life-disrupting symptoms including heavy menstruation, pelvic pain, cramping and back pain. Large fibroids may cause complications including fertility issues, urinary issues and, in rare cases, miscarriage.¹

When fibroid symptoms affect your quality of life, your doctor may have recommended one or more of several treatment options, including myomectomy surgery. If your doctor has suggested robotic-assisted surgery with da Vinci technology, this brochure can help you understand what that means.

Depending on your symptoms, age and overall health, treatment options can include:²

- Active surveillance
- Hormone medication
- MRI-directed ultrasound
- Arterial embolisation
- A surgical procedure such as hysteroscopy, laparoscopy, myomectomy or hysterectomy

If you are a candidate for surgery, and your surgeon has recommended robotic-assisted surgery with da Vinci, you should have also discussed other options such as:

- Laparoscopic surgery
- Open surgery
- Hysteroscopic surgery

How can I prepare for robotic surgery?

Ensure you have asked your doctor and care team plenty of questions, such as:

- What medical and surgical options are available for me?
- Which is best for my situation?
- What are the differences between open, laparoscopic, hysteroscopic, and robotic-assisted surgery?
- Should I get a second opinion?
- If I decide to have surgery, what am I likely to experience afterwards?
- If I decide to have surgery, how can I prepare for it?



What are the outcomes?

Ensure you have talked with your surgeon about the surgical outcomes they deliver with the da Vinci system, as every surgeon's experience is different. For example, ask about:

- Length of hospital stay
- Complication types and rates
- Chance of switching to an open surgery
- Operative time

What can I expect from robotic surgery?



Actual incision size

During robotic-assisted surgery, your surgeon will make a few small incisions, and use a 3D high-definition camera for a magnified view of the surgical area.



Your surgeon sits at a console next to you and operates through the incisions using a camera and tiny instruments.



The da Vinci system translates every hand movement your surgeon makes in real time, manipulating the instruments so they can remove the fibroids.